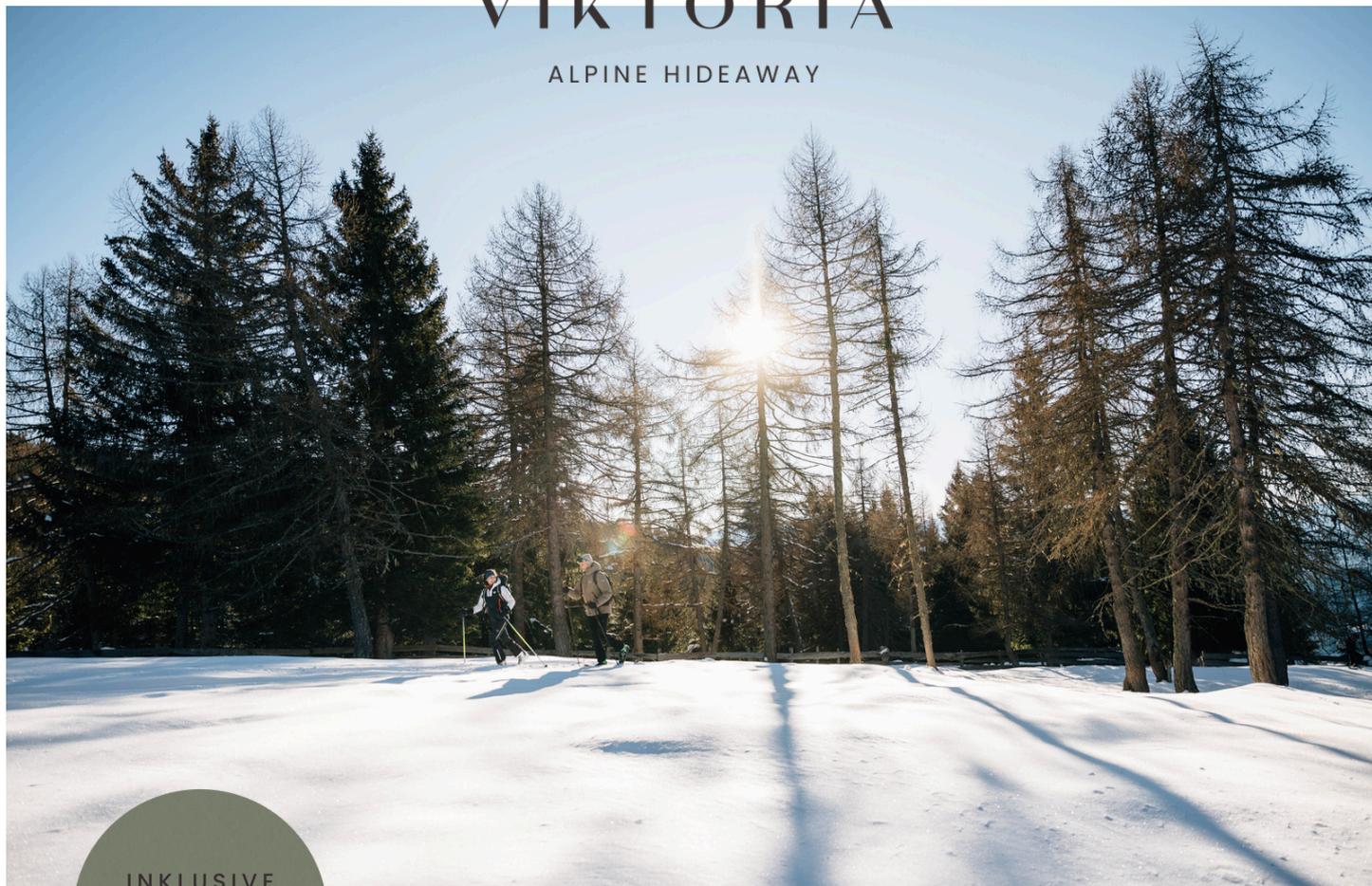




# VIKTORIA

ALPINE HIDEAWAY



INKLUSIVE  
VIKTORIA  
HIGHLIGHT

## Weekly Programme

**28.02.2026 – 07.03.2026**

Welcome to the Alpine SPA Resort Viktoria,  
a place with plenty of space to enjoy, relax, and dream.

*Your Platzer family and the Viktoria team*

HOTEL ALPINE SPA RESORT VIKTORIA \*\*\*\*\*  
FALZEBENERSTRASSE 9 | 39010 HAFLING - SÜDTIROL  
+39 0473 279422 | INFO@HOTEL-VIKTORIA.COM



SAUNA

- 4:30pm **Themed infusion**  
Bath of sounds
- 5:30pm **Event infusion**  
Ötzi-the Icemann
- 6:15pm **Chocolate-scrub**
- 6:30pm **Classic infusion**



Salad buffet

SAUNA

- 3:30pm **Banja-Infusion**  
Südtiroler StubenSauna  
With pre-registration until 2:00 pm- free event  
Maximum participants: 8 people
- 4:30pm **Classic infusion**
- 5:30pm **Event infusion**  
Movieland
- 6:15pm **Strawberry-scrub**



Salad buffet

FITNESS

- 08:30am-09:25am  
**Yoga**
- 09:35am-10:10am  
**Meditation**

INKLUSIVE  
VIKTORIA  
HIGHLIGHT

SAUNA

- 4:30pm **Classic infusion**
- 5:30pm **Themed infusion**  
Herbal
- 6:15pm **Lemon-Ginger scrub**



Dessert buffet

## SATURDAY | 28TH FEBRUARY

### CLASSIC GUIDED CITY TOUR OF MERANO

Merano can be discovered through the classic guided city tour: a walk through the historic streets and most famous squares of the city, sharing history, interesting details, and hidden corners. Ideal for those visiting Merano for the first time or for anyone who would like to get to know the city even better.

**When:** Tuesday and Saturday, 10:00 – 11:30 a.m.

**Duration:** approx. 1 hour and 30 minutes

**Meeting point:** Tourist Information Office / Merano Tourist Board (please arrive 10 minutes early)

**Prices:** € 12.00 adults, free for children under 12

**Suitable for everyone:** Route accessible with strollers and wheelchairs

**Tips:** Comfortable shoes, water, sun protection

**Info & registration:** +39 0473 272000 or info@meran.eu

## SUNDAY | 01ST MARCH

### GUIDED WINTER WALKS – MERANO 2000

Merano 2000 offers a guided winter excursion to discover the snowy landscape together with experts. The group experience starts at 9.00 a.m. in Falzeben and includes hiking guidance, lift tickets, the use of crampons or snowshoes, and a final aperitif at the CUBUS Restaurant. The route includes a walk to the Waidmannalm, return by cable car with a panoramic stop at Naifjoch VISTA.

**Meeting point:** 9.00 a.m. in Falzeben (in front of the ticket offices)

**Return:** 1.00 p.m.

**Cost:** € 45.00 per person

**Registration mandatory** via website:

<https://www.merano2000.com/it/eventi/camminate-invernali-guidate/>

**If the minimum number of 4 participants is not reached, the ticket will be refunded.**

Warm clothing, a backpack with drinks and sun protection are required. Participation only upon reservation; private tours are also available on request at info@merano2000.com

## MONDAY | 02ND MARCH

### LANTERN HIKE

Meeting point is at the reception. Together, we will hike to St. Kathrein, where a breathtaking view awaits us. At the end of this idyllic tour, we will enjoy a small round of schnaps together.

**Start:** 9:30pm at the reception

**Total walking time:** approx. 50 minutes

**Return:** approx. 10:30pm

**Minimum participants:** 4 people (only in good weather)

**Registration:** Please sign up by 7:00pm at the reception or via our digital concierge



SAUNA

- 4:30pm **Themed infusion**  
Italy
- 5:30pm **Event infusion**  
Conquest of Paradise
- 6:15pm **Strawberry-scrub**



**South Tyrolean Evening**

FITNESS

- 8:15am–9:00am  
**Haki Maasai**
- 9:15am–10:00am  
**Soundbowl meditation**
- 10:15am–11:00am  
**Incense meditation**
- With 1 day advance registration – free event  
Maximum participants: 8 people

SAUNA

- 3:30pm **Hamam**  
45°C KräuterNebel  
Price: € 15.00  
with pre-registration  
until 2:00pm
- 4:30pm **Themed infusion**  
Crystallize
- 5:30pm **Event infusion**  
Braveheart
- 6:15pm **Herb-pesto-scrub**



**Galadinner**

## TUESDAY | 03RD MARCH

### CROSS-COUNTRY SKI COURSE

A technical cross-country skiing lesson to learn or improve classic or skating technique, suitable for both beginners and experienced skiers. The activity takes place outdoors on the Falzeben cross-country trail, immersed in the spectacular scenery of the Avelengo plateau.

**Meeting point:** Cross-country ski trail – Falzeben / Avelengo (Falzebenerstraße 220, 39010 Hafling)

**Dates and times:** Tuesday and Friday from 10:00am to 11:30am (subject to suitable snow conditions)

**Participants:** Suitable for ages 8 and up, beginners and experienced skiers

**Recommended equipment:** Cross-country skis (classic), warm and comfortable clothing, hat, gloves, and sunglasses. Equipment rental available on site at Sport Max and Rent & Go

**Registration:** Required directly at Skischool Altura

**Price:** Approximately € 30.00 (adults) (indicative)

**Organizer:** Skischool Altura

**Contacts:** Tel: +39 0473 868 255 Email: info@skischoolaltura.com

## WEDNESDAY | 04TH MARCH

### GUIDED TOUR & TASTING AT EUROPE'S HIGHEST SPARKLING WINE CELLAR – ARUNDA

Experience a guided tour and tasting at Arunda, the highest-altitude sparkling wine cellar in Europe, located in the mountain village of Mölten (about 1,200 m above sea level). During the tour, an expert guide will introduce you to the production of high-quality traditional method sparkling wine, followed by a tasting of selected products. The experience is ideal for anyone interested in local food & wine culture and regional specialties.

**Time:** 10:30 am–12:00 pm

**Location:** Arunda Vivaldi; Prof.-Josef-Schwarz-Straße 18, 39010 Mölten

**Participation fee:** € 20.00 per person

**Group size:** Maximum 10 participants

**What to bring:** Comfortable clothing suitable for a cellar visit.

**Registration:** Required directly with the Arunda winery via +39 0471 1552800 or info@arundavivaldi.it

### LLAMA AND ALPACA HIKE WITH OUR STAFF MEMBER RIKI

Experience unforgettable moments in nature on a llama and alpaca hike! These curious and intelligent animals will accompany you through the picturesque landscapes of Vöran, creating a relaxed atmosphere away from noise and stress. The hike offers a special connection to nature and the animals.

Let yourself be inspired by the calmness and serenity of the llamas and alpacas, and enjoy a peaceful break from everyday life!

Note: The hike takes place every Monday, Wednesday, and Friday.

**Start:** 2:00 pm at Lapakafun in Vöran  
Vöraner Straße 88, 39010 Vöran

**Duration:** approx. 1.5–2 hours

**Price:** € 35.00 per person and animal

€ 20.00 per accompanying person aged 10 and up (without animal)

**Minimum participants:** 4 people

**What to bring:** sturdy shoes and weatherproof clothing  
Dogs are not allowed

**Registration:** Please register by 7:00 pm the day before at the reception or by phone at +39 340 2687045

**In case of bad weather, the hike will not take place.**



FITNESS	08:30am-09:25am <b>Yoga</b>
	09:35am-10:10am <b>Meditation</b>
SAUNA	4:30pm <b>Classic infusion</b>
	5:30pm <b>Event infusion</b> James Bond skyfall
	6:15pm <b>Honey-scrub</b>
	<b>Italian evening</b>

## THURSDAY | 05TH MARCH

### “KNOTT” CLIMBING – NATURNO

An exciting guided climbing experience in the heart of the Sonnenberg in Naturns, near Merano. The “Knott” via ferrata is ideal for families, children and adults who would like to experience climbing in complete safety, accompanied by a professional mountain guide. A perfect outdoor activity to enjoy the mountains in an active and fun way, with a magnificent view over the Vinschgau Valley.

**Time:** 3:00 pm – 5:00 pm

**Meeting point:** by 2:30 pm at the top station of the Unterstell cable car

**Location:** “Knott” via ferrata, Sonnenberg – Naturns (BZ)

**Minimum age:** approx. 7 years (minimum height ~130 cm)

**Level:** 4 routes with different levels of difficulty

**Guide:** accompanied by a certified mountain guide

**Indicative price:** € 49.00 children (7–13 years) € 59.00 adults from 14 years

**Included in the price:** via ferrata equipment + round-trip cable car ticket

**What to bring:** sturdy hiking shoes, comfortable clothing, gloves recommended

**Booking:** mandatory at the Naturns Tourist Office

SAUNA	3:30pm <b>Banja- infusion</b> Südtiroler StubenSauna With registration until 2:00pm - free event Maximum participants: 8 people
	4:30pm <b>Themed infusion</b> Nightsky
	5:30pm <b>Event-infusion</b> Apreski
	6:15pm <b>Coffee-scrub</b>

## FRIDAY | 06TH MARCH

### FREE TOBOGGANING COURSE – MERANO 2000

A free tobogganing course for everyone, where professionals share practical tips and tricks – how to take curves, the best braking techniques, and which equipment is essential.

**Location:** Start of the toboggan run at Merano 2000 Mountain Station (Naifweg 37, 39012 Merano / Hafling-Vöran)

**When:** Every Friday from 1:00 pm–4:00 pm

**Equipment:** Bring your own sled (toboggan), sturdy shoes, and warm clothing. Ticket, sled, and helmet are not included – but can be rented on-site (e.g., at Rent & Go).

**What you’ll learn:** Professional tips on curves, braking, and safe sledding techniques

**Registration:** Not required

**Contact & Info:** Merano 2000 Cable Car;

+39 0473 234821 or [info@meran2000.com](mailto:info@meran2000.com)

**How to get there:** By bus or car from Merano to the Naif Cable Car valley station, then about 7 minutes to Merano 2000 Mountain Station

SAUNA	4:30pm <b>Themed infusion</b> Bath of sounds
	5:30pm <b>Event infusion</b> Eye of the Tiger
	6:15pm <b>Chocolate-scrub</b>
	6:30pm <b>Classic infusion</b>
	<b>Salad buffet</b>

## SATURDAY | 07TH MARCH

### MERANO VITAE: RIO ABIERTO DISCIPLINE – MERANO

A guided group movement activity with inspiring music that helps release physical and mental tension, reduce stress, and restore energy, vitality, and well-being. Rio Abierto is a discipline that stimulates the natural joy of moving your body, strengthens communication with yourself and others, and promotes inner balance in a relaxing outdoor environment.

**Date:** Saturday, March 7, 2026

**Time:** 10:30 am – 12:00 pm

**Location:** Elisabeth Park – in front of the Sissi statue, Merano (BZ)

**Type:** group movement with music / wellness and vitality activity

**Instructors:** guided sessions (contact: Patrizia Gantioler)

Entrance: free

**Organization:** Merano Spa and Tourism Board – [info@meran.eu](mailto:info@meran.eu)  
+39 0473 272000