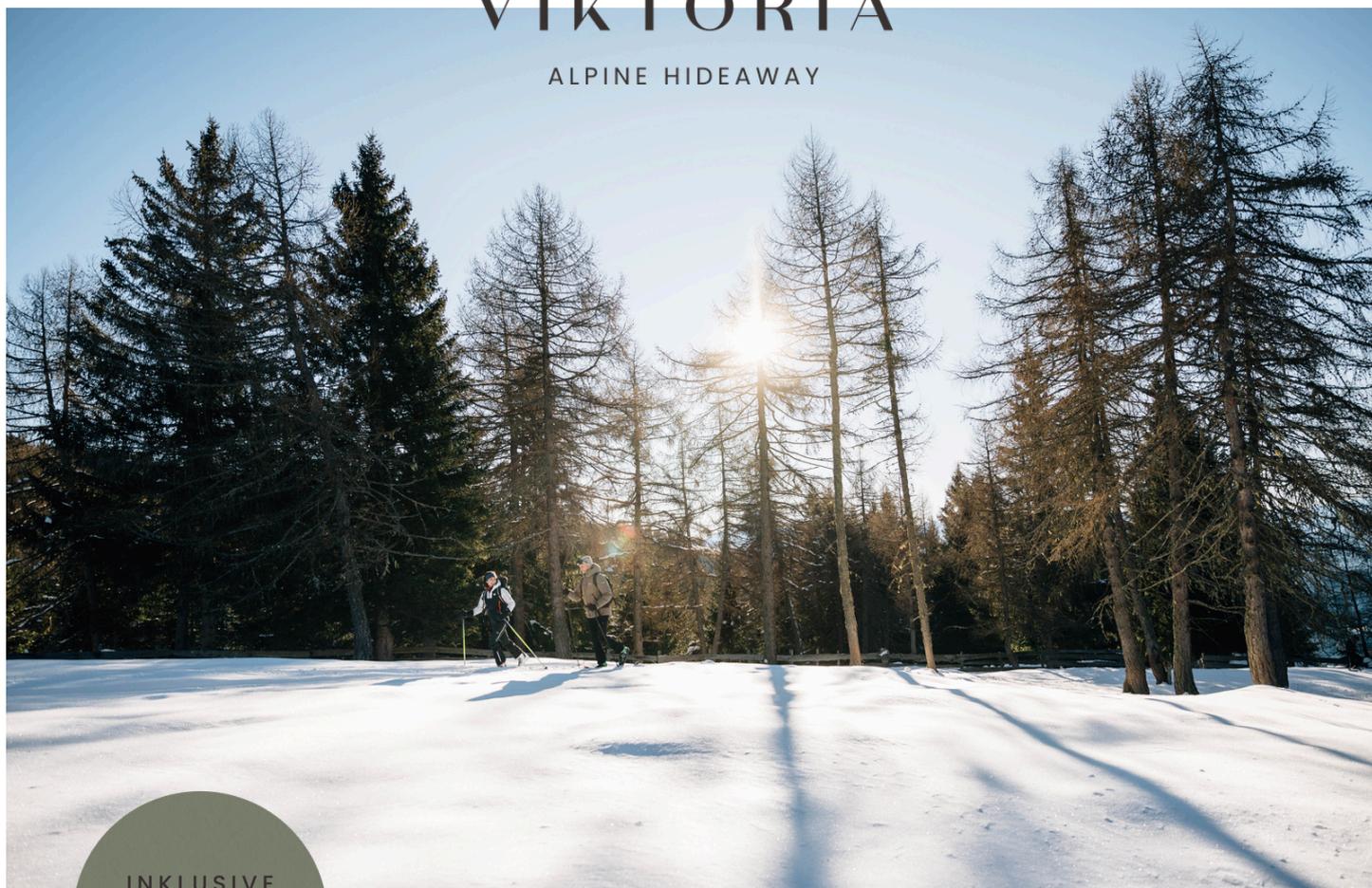




VIKTORIA

ALPINE HIDEAWAY



INKLUSIVE
VIKTORIA
HIGHLIGHT

Weekly Programme

07.03.2026 – 15.03.2026

Welcome to the Alpine SPA Resort Viktoria,
a place with plenty of space to enjoy, relax, and dream.

Your Platzer family and the Viktoria team

HOTEL ALPINE SPA RESORT VIKTORIA *****
FALZEBENERSTRASSE 9 | 39010 HAFLING – SÜDTIROL
+39 0473 279422 | INFO@HOTEL-VIKTORIA.COM



SAUNA

- 4:30pm **Themed infusion**
Bath of sounds
- 5:30pm **Event infusion**
Eye of the Tiger
- 6:15pm **Chocolate-scrub**
- 6:30pm **Classic infusion**



Salad buffet

SAUNA

- 3:30pm **Banja-Infusion**
Südtiroler StubenSauna
With pre-registration until 2:00 pm- free event
Maximum participants: 8 people
- 4:30pm **Classic infusion**
- 5:30pm **Event infusion**
1001 Nights
- 6:15pm **Rose-scrub**



Salad buffet

FITNESS

- 08:30am-09:25am
Yoga
- 09:35am-10:10am
Meditation

INKLUSIVE
VIKTORIA
HIGHLIGHT

SAUNA

- 4:30pm **Classic infusion**
- 5:30pm **Themed infusion**
Herbal
- 6:15pm **Cucumber-yoghurt-scrub**



Dessert buffet

SATURDAY | 7TH MARCH

MERANO VITAE: RIO ABIERTO DISCIPLINE – MERANO

A guided group movement activity with inspiring music that helps release physical and mental tension, reduce stress, and restore energy, vitality, and well-being. Rio Abierto is a discipline that stimulates the natural joy of moving your body, strengthens communication with yourself and others, and promotes inner balance in a relaxing outdoor environment.

Time: 10:30 am – 12:00 pm

Location: Elisabeth Park – in front of the Sissi statue, Merano (BZ)

Type: group movement with music / wellness and vitality activity
Entrance: free

Organization: Merano Spa and Tourism Board – info@meran.eu
+39 0473 272000

SUNDAY | 08TH MARCH

CONCERT OF THE LANA MUSIC BAND

On March 8, 2026 at 6:00 PM, the traditional spring concert of the Lana Music Band will take place at the Kurhaus in Merano. This is a highly appreciated musical event in the cultural calendar, featuring a program of classical and modern pieces performed by the orchestra under the direction of conductor Martin Knoll. The program includes the Suite "Gayaneh" by Aram Ilyich Khachaturian, "Spices" with percussion soloists, the "Brussels Requiem" by Bert Appermont, and the overture to the opera "Oberon" by Carl Maria von Weber.

Time: 6:00 PM – 8:00 PM

Location: Historic center of Merano, Kursaal – Kurhaus

Organizer: Lana Music Band

Reservation: Required

Tickets / Pre-sale: Saturday, February 28 (10 AM – 12 PM) at Raiffeisenhaus Lana; from March 1 online; also available directly at the Kursaal before the concert

Contact: +39 331 2262909 – info@musikkapelle-lana.org

Note: It is recommended to purchase or reserve tickets in advance.

MONDAY | 09ND MARCH

LANTERN HIKE

Meeting point is at the reception. Together, we will hike to St. Kathrein, where a breathtaking view awaits us. At the end of this idyllic tour, we will enjoy a small round of schnaps together.

Start: 9:30pm at the reception

Total walking time: approx. 50 minutes

Return: approx. 10:30pm

Minimum participants: 4 people (only in good weather)

Registration: Please sign up by 7:00pm at the reception or via our digital concierge



SAUNA

- 3:30pm **Hamam**
45°C KräuterNebel
Price: € 15.00
with pre-registration
until 2:00pm
- 4:30pm **Themed infusion**
Italy
- 5:30pm **Event infusion**
Wild west
- 6:15pm **Crystal-scrub**



South Tyrolean Evening

FITNESS

- 8:15am-9:00am
Haki Maasai
- 9:15am-10:00am
Soundbowl meditation
- 10:15am-11:00am
Incense meditation
- With 1 day advance registration – free event
Maximum participants: 8 people

SAUNA

- 4:30pm **Classic infusion**
- 5:30pm **Event infusion**
Magic schaman
- 6:15pm **Herb-pesto-scrub**



Galadinner

FITNESS

- 08:30am-09:25am
Yoga
- 09:35am-10:10am
Meditation

SAUNA

- 4:30pm **Classic infusion**
- 5:30pm **Event infusion**
Bob Marley
- 6:15pm **Honey-scrub**



Italian evening

TUESDAY | 10TH MARCH

CROSS-COUNTRY SKI COURSE

A technical cross-country skiing lesson to learn or improve classic or skating technique, suitable for both beginners and experienced skiers. The activity takes place outdoors on the Falzeben cross-country trail, immersed in the spectacular scenery of the Avelengo plateau.

Meeting point: Cross-country ski trail – Falzeben / Avelengo (Falzebenerstraße 220, 39010 Hafling)

Dates and times: Tuesday and Friday from 10:00am to 11:30am (subject to suitable snow conditions)

Participants: Suitable for ages 8 and up, beginners and experienced skiers

Recommended equipment: Cross-country skis (classic), warm and comfortable clothing, hat, gloves, and sunglasses. Equipment rental available on site at Sport Max and Rent & Go

Registration: Required directly at Skischool Altura

Price: Approximately € 30.00 (adults) (indicative)

Contacts: Tel: +39 0473 868 255 Email: info@skischoolaltura.com

WEDNESDAY | 11TH MARCH

LLAMA AND ALPACA HIKE WITH OUR STAFF MEMBER RIKI

Experience unforgettable moments in nature on a llama and alpaca hike! These curious and intelligent animals will accompany you through the picturesque landscapes of Vöran, creating a relaxed atmosphere away from noise and stress. The hike offers a special connection to nature and the animals.

Let yourself be inspired by the calmness and serenity of the llamas and alpacas, and enjoy a peaceful break from everyday life!

Note: The hike takes place every Monday, Wednesday, and Friday.

Start: 2:00 pm at Lapakafun in Vöran

Vöraner Straße 88, 39010 Vöran

Duration: approx. 1.5–2 hours

Price: € 35.00 per person and animal

€ 20.00 per accompanying person aged 10 and up (without animal)

Minimum participants: 4 people

What to bring: sturdy shoes and weatherproof clothing

Dogs are not allowed

Registration: Please register by 7:00 pm the day before at the reception or by phone at **+39 340 2687045**

In case of bad weather, the hike will not take place.

THURSDAY | 12TH MARCH

“KNOTT” CLIMBING – NATURNO

An exciting guided climbing experience in the heart of the Sonnenberg in Naturns, near Merano. The “Knott” via ferrata is ideal for families, children and adults who would like to experience climbing in complete safety, accompanied by a professional mountain guide. A perfect outdoor activity to enjoy the mountains in an active and fun way, with a magnificent view over the Vinschgau Valley.

Time: 3:00 pm – 5:00 pm

Meeting point: by 2:30 pm at the top station of the Unterstell cable car

Location: “Knott” via ferrata, Sonnenberg – Naturns (BZ)

Minimum age: approx. 7 years (minimum height ~130 cm)

Level: 4 routes with different levels of difficulty

Guide: accompanied by a certified mountain guide

Indicative price: € 49.00 children (7–13 years) € 59.00 adults from 14 years

Included in the price: via ferrata equipment + round-trip cable car ticket

What to bring: sturdy hiking shoes, comfortable clothing, gloves recommended

Booking: mandatory at the Naturns Tourist Office



SAUNA

- 3:30pm **Banja- infusion**
Südtiroler StubenSauna
With registration until 2:00pm -
free event
Maximum participants:
8 people
- 4:30pm **Themed infusion**
Nightsky
- 5:30pm **Event-infusion**
Eismann-Ötzi
- 6:15pm **Coffee-scrub**



Appetizer buffet

SAUNA

- 4:30pm **Themed infusion**
Bath of sounds
- 5:30pm **Event infusion**
Après-Ski
- 6:15pm **Chocolate-scrub**
- 6:30pm **Classic infusion**



Salad buffet

FRIDAY | 13TH MARCH

WINE TASTING AT RAMETZ CASTLE

An afternoon dedicated to taste and wine culture at the charming Schloss Rametz, located above Merano. During this guided experience, guests will discover the world of South Tyrolean wine with a walk through the estate's vineyards, followed by a visit to the wine museum and the historic cellar of the castle. The guide shares interesting facts and traditions related to local viticulture. The afternoon concludes with a tasting of 5 selected wines from the estate. For guests staying in Hafling, a convenient shuttle service is available: the shuttle departs at around 2:00 PM directly from the accommodations and takes participants to the castle. The guided tour starts at 2:30 PM and ends at approximately 4:30 PM, after which the shuttle brings guests back to the starting point.

When: every Friday, 2:30–4:30 PM

Shuttle departure: around 2:00 PM from Hafling (pick-up at the hotel)

Location: Schloss Rametz, Merano

Price: approx. €40 per person (shuttle and tasting included)

Participants: minimum 4 people required for the shuttle service

Registration: by 4:00 PM on the previous day

Booking contact: Hafling Information Office

Tel. +39 0473 279457 **Email** info@hafling.com

SATURDAY | 14TH MARCH

FARM FOOD FESTIVAL 2026

The Farm Food Festival is an event dedicated to high-quality agricultural products from South Tyrol, presented directly by local farmers. The event takes place in the elegant setting of the Kurhaus in Merano and offers visitors the opportunity to taste, discover, and purchase 100% farm products from the five South Tyrolean regions under the "Red Rooster" quality label. In addition to tastings and sales, the program includes activities such as blind tastings and live cooking shows with chefs and producers. Admission is free, but reservation is required.

Time: 10:00 AM – 5:00 PM

Location: Kurhaus, Corso Libertà 31, 39012 Merano

Admission: Free (reservation required)

Reservation: Required (free registration at www.farmfoodfestival.it)

Organizer: Red Rooster – South Tyrolean Farmers' Association

Contact: +39 0471 999333 · info@sbb.it

SUNDAY | 15TH MARCH

Dear Guests,

Winter is slowly coming to an end, and with it a wonderful winter season 2026. We are closing our doors for a short break before welcoming you back for the new season starting on April 30th – with lots of special news that you can already look forward to today.

We kindly ask you to vacate your room by 11:00 a.m. and settle your bill at reception. You are welcome to use the wellness area free of charge until 3:00 p.m. The pools will open as usual at 7:00 a.m. and our saunas in the adults-only area will open at 10:00 a.m. Please note that our restaurant service ends with breakfast.

We sincerely thank you for your visit and would be delighted to welcome you back again soon.

